

# PROGRAM

## MORNING SESSION

9:00: *Welcome*

### **9:10 Nicola Graham**

Health Educator, MS

*Eat Well, Be Well* followed by *Mindfulness*

### **9:40 Professor Robyn Lucas**

Head, National Centre for Epidemiology and Population Health (NCEPH), ANU

*How much does environment influence the risk of developing MS*

### **10:10-10:40 Morning Tea**

### **10:40 Professor Greg Stuart**

Head, Eccles Institute of Neuroscience, JCSMR

*How does MS influence electrical signalling in the brain*

### **11:00 Professor Ted Maddess / Dr Corinne Carle**

The John Curtin School of Medical Research, ANU

*Low-cost, objective visual test tracks MS disability*

### **11:20 Karen Gair** (Philanthropy, ANU) **Dr Lisa Melton** (MS Research Australia)

*Organizing MS Research*

**11:35** Session sum up: Q&A with the speakers

Nicola Graham, Robyn Lucas, Greg Stuart, Ted Maddess, Rajat Lahoria

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## AFTERNOON SESSION

### **12:00-1:30 Lunch**

*During lunch, tours of the Bruestle and Maddess Laboratories will take place at 12:15 and 12:45 (sign up is required)*

### **1:30 Dr Rajat Lahoria**

The Canberra Hospital

*Unmet needs in MS treatment and research*

### **2:15 Professor Prue Hart**

Head, Inflammation Laboratory at Telethon Institute, Perth

*Progress in a trial of narrowband UVB phototherapy for people with an early form of multiple sclerosis*

### **3:00-3:15 Afternoon Tea**

### **3:15 Associate Professor Scott Byrne**

The Westmead Institute, Sydney

*Let there be (UV) light: How sunlight can help protect us from MS*

### **4:00 Dr Anne Bruestle**

The John Curtin School of Medical Research, ANU

*What we can learn from animal models of neuro inflammation*

**4:45 Close**